## HOW TO PREPARE FOR YOUR TREATMENT

LASER PIGMENTATION

- Patients on retinol products, glycolic acid or other AHA containing products or hydroquinone containing products should stop them 3 days before having laser
- You will need to make sure you do not have a tan on your face so avoid sunbathing the face for 14 days before your laser treatment and no sunbed use for 14 days before
- No fake tan can be on the face on the day you have laser so avoid self-tanning products on the face for 7 days before treatment

If you have any questions please give us a call on 023 8076 0380.

Pre- treatment care instructions must be followed to prevent any complications.

FIRVALE